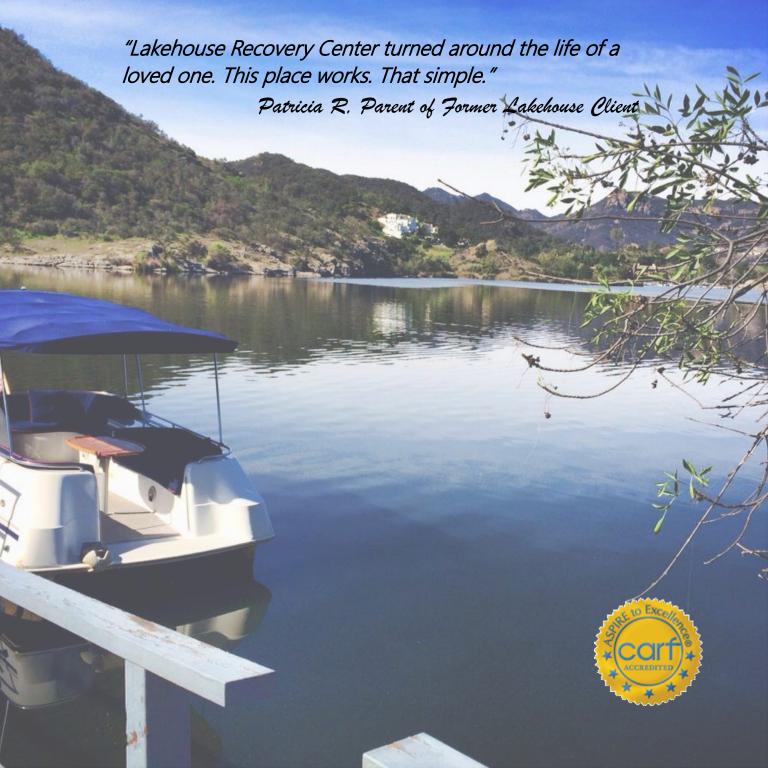


# THE LAKEHOUSE R E C O V E R Y C E N T E R

SOUTHERN CALIFORNIA'S PREMIER
DRUG AND ALCOHOL TREATMENT CENTER





## CALL 877.SOBER.07 (877.762.3707) TODAY!





### Recovery Advocates in association with

### Lakehouse Recovery Center

RECOVERY ADVOCATES IS AN INSURANCE SUPPORTED TREATMENT CENTER WITH BOTH A PSYCHIATRIST AND PSYCHOLOGIST ON STAFF FOR DRUG AND ALCOHOL ADDICTION. WE OFFER SUPERB CARE IN OUR OUTPATIENT PROGRAM. THE LAKEHOUSE EMPHASIZES RELAPSE PREVENTION, FAMILY COUNSELING, STRESS MANAGEMENT, NUEROSCIENCE, YOGA AND GOAL SETTING CONDUCIVE TO ABSTINENCE AND PERSONAL GROWTH.

WE HAVE A SIX BED COED SUPPORTIVE LIVING, THE LAKEHOUSE RECOVERY CENTER, ONE BLOCK AWAY IN THE SCENIC AREA OF WESTLAKE VILLAGE. THE AMENITIES INCLUDE LARGE POOL, FULL KITCHEN AND DINING ROOM, MEDITATION, MINUTES FROM HIKING TRAILS AND BEAUTIFUL PARKS AND IS 15 MILES FROM THE MALIBU BEACH.







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## Sample of The Lakehouse Weekly Schedule

#### **MONDAY**

ASSIGN NEW MEANING

RELAPSE PREVENTION

LUNCH

RECREATIONAL OR

EXPERIENTIAL THERAPY

INDIVIDUAL SESSIONS:

**NEUROSCIENCE** 

CASE MANAGEMENT

Individual Therapy/ EMDR and/or Family Therapy Sessions

#### **TUESDAY**

YOGA

MEN'S GROUP

WOMEN'S GROUP

LUNCH

Music

INDIVIDUAL SESSIONS:

**N**EUROSCIENCE

CASE MANAGEMENT

INDIVIDUAL THERAPY/ EMDR AND/OR FAMILY THERAPY SESSIONS

#### **WEDNESDAY**

GIVE & TAKE

RELAPSE PREVENTION

LUNCH

RECREATIONAL THERAPY

INDIVIDUAL SESSIONS:

NEUROSCIENCE

CASE MANAGEMENT

INDIVIDUAL THERAPY/
EMDR AND/OR FAMILY
THERAPY SESSIONS

#### **THURSDAY**

RELATIONSHIPS

MEN'S GROUP

WOMEN'S GROUP

LUNCH

PROCESS ON SELF

**INDIVIDUAL SESSIONS:** 

**NEUROSCIENCE** 

CASE MANAGEMENT

INDIVIDUAL THERAPY/ EMDR AND/OR FAMILY THERAPY SESSIONS

#### FRIDAY

EXPERIENTIAL ART

THERAPY

ADDICTION EDUCATION-

LUNCH

PROCESS, END OF WEEK

INDIVIDUAL SESSIONS:

NEUROSCIENCE

CASE MANAGEMENT

Individual Therapy/ EMDR and/or Family Therapy Sessions

\*Individual Case Management Sessions are scheduled at different times throughout the week. We also offer Equine Counseling when suggested.









# The Lakehouse Offers...

### Detox

Sober Living and After Care

Supportive sober living, THOUGHTFUL EXTENDED SUPPORT AND ALUMNI PROGRAM.

Medically supervised detoxification from drugs and

ALCOHOL.

PSYCHIATRIST, GROUP AND INDIVIDUAL THERAPY AND NEUROSCIENCE THERAPY.

Clinical Support

Insurance and Financing

CALL FOR VERIFICATION
OF BENEFITS
877.762.3707

Family Counseling

CRITICAL SUPPORT FOR LOVED ONES.

Wellness Care

HEALING THE MIND, BODY AND SPRIT.



## Qualified Staff

RECOVERY ADVOCATES AND LAKEHOUSE HAS AN EDUCATED STAFF WHOSE CORE COMPONENT IS BEING PASSIONATE ABOUT WHAT THEY DO. THEY BELIEVE IN EMPOWERING THEIR CLIENTS WITH KNOWLEDGE, TRUST AND BRINGING LEVITY TO A PLACE THAT HAS BEEN A DARK SPOT IN THEIR LIVES.



## Emphasis

WE SPECIALIZE IN ADDICTION, HEALTHY INTIMACY, EMOTIONAL GROWTH, PERSONAL DEVELOPMENT, RELATIONSHIPS, CO-DEPENDENCY AND REASONABLE PROCESSING. OUR CLINCAL STAFF'S REPUTATION HAS GROWN TO BE ABOUT PEOPLE WHO LIVE THE WAY THEY TALK.



## Pet-Friendly

ANIMALS BRING COMFORT AND UNCONDITIONAL LOVE AND HAVE BEEN PROVEN TO AID IN THE RECOVERY PROCESS.



## Non-Residential Services

WE OFFER AN INTENSIVE OUTPATIENT PROGRAM (IOP) SO YOU DON'T HAVE TO STOP YOUR LIFE IN ORDER TO SAVE IT.

FOR INFORMATION VISIT OUR WEBSITE WWW.LAKEHOUSERECOVERYCENTER.COM

## Lakehouse Recovery Center Sober Living House



LOCATED IN WESTLAKE VILLAGE, CALIFORNIA, LAKE HOUSE RECOVERY CENTER IS A CHARMING, TWO-STORY TRANSITIONAL AND SOBER LIVING HOME.

### Menu of Services

24/7 SUPERVISION

DRUG & ALCOHOL TESTING

LIFE SKILLS DEVELOPMENT AND GOAL SETTING

12 STEP ADVOCACY

DIETARY ACCOMMODATIONS

TRANSPORTATION AVAILABLE

WALKING DISTANCE TO OUR OUTPATIENT PROGRAM

#### Amenities

FULL SIZE SWIMMING POOL

GYM MEMBERSHIP

ACCESS TO PARKS, WALKING AND BIKING TRAILSIN A PICTURESQUE NEIGHBORHOOD

PET FRIENDLY

FOR INFORMATION EMAIL INFO@LAKEHOUSERECOVERYCENTER.COM OR CALL 877.762.3707

WWW.LAKEHOUSERECOVERYCENTER.COM

WWW.RECOVERYADVOCATSUSA.COM

