

Links

What is addiction/causes: <http://www.medicalnewstoday.com/info/addiction/>

How Drugs effect the brain:

http://www.mentalhelp.net/poc/view_doc.php?type=doc&id=1059

Brain Specs Of Alcohol and Drug Abuse: <http://www.amenclinics.com/the-science/spect-gallery/item/alcohol-and-drug-abuse>

Alcohol's damaging affects on the brain:

<http://pubs.niaaa.nih.gov/publications/aa63/aa63.htm>

Adjusting to recovery: <http://intervene.drugfree.org/2010/04/adjusting-to-recovery-when-your-addicted-child-begins-to-get-well/>

Alcohol And The family:

<http://pubs.niaaa.nih.gov/publications/Social/Module10IFamilies/Module10J.html>

Youtube Video – Dr. Phil - Enabling -

<http://www.youtube.com/watch?v=Y5fFJz6ErDc>

Youtube – Dr. Phil – Are You An Enabler –

<http://www.youtube.com/watch?v=x3vQB7kCQIM>

Pia melody What Is Co-Dependency - <http://www.youtube.com/watch?v=nrLaaar02e4>